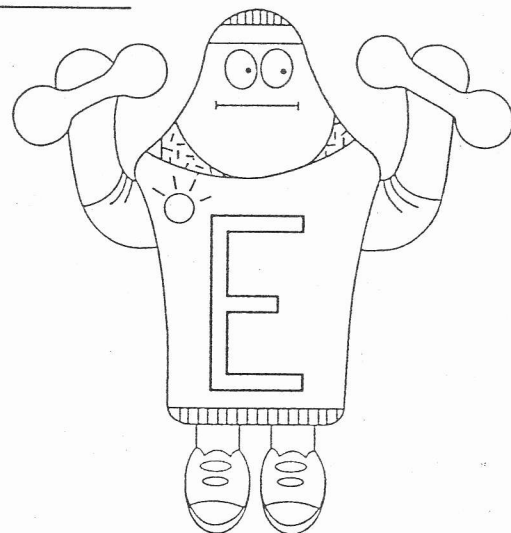


Family
Letter

E



Dear Family,

Ms. E is my name, and exercise energy is my game! As you can probably tell, I put a lot of effort into staying in shape. I also love my excellent sound—which your child can hear when she or he says “e–e–e–exercise energy.” My sound is the sound of e in egg. (There are words that start with my letter, but not with my exercise energy sound. Right now, your child is learning that sound.)

Just as you stretch your body when exercising, you can help your child stretch his or her mind.

- ✓ Keep playing Prove It with your child. Sometimes you and your child may run across pictures of things whose names start with the same sound as e–e–e–exercise energy. Sometimes you or your child may just think of a word that starts with that sound. When this happens, ask your child to Prove the word: Say—for example—“e–e–e–e–eggs.” Here are some more words for practice: elephant, extra, end, empy, enter, everyone, elevator, escalator.
- ✓ When you’re in a store or a public building with your child, keep an eye out for the EXIT signs. Help your child read this important word, and talk about what it means.

Sincerely,

Ms. E